# Who We Are

### BACKGROUND

We began on June 24th 2024 as a part of a national movement, standing up for equal rights, reproductive freedom, and the ongoing issue of gender based violence. You may find the date as significant, it is the anniversary of the overturn of Roe V. Wade. We wanted to support our neighbors in America as well as bring awareness to our own issues. We have since moved away from the national movement and looked towards being a part of local events.

### VALUES

- We believe that gender based violence in Canada primarily stems from colonialism. It is a sobering truth that we live on land that was stolen through physical and sexualized violence. Decolonization and working in an anticolonial framework is imperative to any work involving gender based violence.
- We believe that all people have the right to bodily autonomy and are committed to supporting this cause locally, nationally, and globally.
- We believe that every person deserves safety.
- We believe that education and knowledge sharing in all forms is crucial for creating a safer society.

# How Can You Help?

- Show up for rallies in support of abortion rights and safety of women!
- Support and follow organizations who are fighting for racial justice, disability justice, economic justice, migrant justice, and 2SLGBTQIA+ rights:
- (SisterSong, Canadian Centre for Gender and Sexual Diversity, Disability Justice Network of Ontario, Migrants Rights Network).
- Make informed decisions at the polls. Use your voting rights to create better rights and cultures for women.
- If you're a student, take workshops and know your campus resources around gender based and sexualized violence.
- Call out disinformation when you see it. Know what you can do as a bystander.
- Donate! Here is a list of causes: https://www.arcc-cdac.ca/donate/ https://canadianwomen.org/get-involved/ https://www.actioncanadashr.org/ https://www.sniwwoc.ca/ https://www.rainbowrailroad.org/about

## **Contact Us**

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# Abortion Rights in Canada

In Canada, even with legislative standards and legal precedence in place, the lived realities of women, girls, and Two Spirit, trans, and nonbinary people have not matched that right.

According to Action Canada for Sexual Health and Rights, some barriers to abortion in Canada may include:

- Not being able to locate nearby services
- Facing violence from home and community
- Needing to travel (sometimes hundreds of kilometers away because of gestational limits or having no access to a provider at all)
- Having to cover the costs incurred by travel
- Having to cover the costs of the procedure itself
- Being delayed by anti-choice health care providers or staff acting as gatekeepers or receiving false or misleading information about abortion and where to access it.
- Being delayed by wait times that can come from mandatory ultrasounds and mandatory doctor's referrals and tests, etc.
- Social judgement

Action Canada for Sexual Health and Rights has a national toll-free 24-hour access line that provides information on sexual and reproductive health, and abortion services when needed. 1-888-642-2725

# Why A Strike???

Strikes have traditionally been used as a way for employees to change policies and environments within workplaces. With 47.4 percent of our workforce in Canada being women, by most or all women leaving the workforce for 24hrs it will cause mass conversation that leads to change.

# **Iceland's Sucess**

Iceland in 1975 and 2024, utilized a strike for change. In 1976, Iceland passed a law guaranteeing equal rights irrespective of gender. As of 2020, Iceland's Gender Equality Act stipulates that workplaces with 25 employees or more are obligated to obtain equal pay certification.

# Gender Based Violence in Canada

## DEFINITION

The United Nations says, "gender-based violence refers to harmful acts directed at an individual based on their gender. It is rooted in gender inequality, the abuse of power and harmful norms."

# HIGHLIGHTED STATS FROM THE GOVERNMENT OF CANADA

43% Indigenous women have been sexually assaulted at least one since the age of 15 45% of First Nations women, 44% of Métis women and 26% of Inuit women.

> 61% of women aged 15 to 24 who lived in Canadian provinces had experienced unwanted sexual behaviors in a public place in 2018.

67% of LGBT+ women who had ever been in an intimate partner relationship had experienced at least one type of IPV since the age of 15.

> 29% of women belonging to an ethno-cultural group reported experiencing some kind of psychological, physical, or sexual violence committed by an intimate partner in their lifetime since the age of 15.